

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 1
17-9-2011 - 16:45

Dames, 400m wisselslag

11 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | Tijd | Pnt |
|--|-------------------------|----------------|---------------|
| meisjes junioren | | | |
| 1. Marieke Tienstra | 12 TriVia | 5:31.38 | 488 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:13.50 | 200m: | 300m: | 400m: 5:31.38 |
| 2. Willemein Hoving | 13 TriVia | 5:36.11 | 468 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:21.07 | 200m: | 300m: | 400m: 5:36.11 |
| 3. Marlinde Schoonbeek | 13 TriVia | 5:38.51 | 458 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:14.80 | 200m: | 300m: | 400m: 5:38.51 |
| 4. Brigit Beukeveld | 13 ZPC Bikkel Hoogeveen | 5:40.43 | 450 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:20.06 | 200m: | 300m: | 400m: 5:40.43 |
| 5. Kinge Zandringa | 13 Orca | 5:40.68 | 449 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:11.40 | 200m: | 300m: | 400m: 5:40.68 |
| 6. Tialda Prins | 13 Eemsrobben | 5:48.76 | 419 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:25.01 | 200m: | 300m: | 400m: 5:48.76 |
| 7. Juliette Hekman | 13 TriVia | 5:57.38 | 389 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:21.80 | 200m: | 300m: | 400m: 5:57.38 |
| 8. Rebecca Jager | 13 Nova | 6:00.29 | 380 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:27.77 | 200m: | 300m: | 400m: 6:00.29 |
| 9. Marianne Arling | 13 Bubble | 6:22.97 | 316 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:31.45 | 200m: | 300m: | 400m: 6:22.97 |
| DIS Vivianne Dortmond | 13 De Pinquin | 5:50.54 | |
| <i>VE - De bewegingen van de benen niet op gelijke wijze uitgevoerd.</i> | | | |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:18.98 | 200m: | 300m: | 400m: 5:50.54 |
| Jeugd | | | |
| 1. Cynthia Verkaik | 15 Orca | 5:17.60 | 555 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:11.20 | 200m: | 300m: | 400m: 5:17.60 |
| 2. Claris de Vries | 14 Orca | 5:30.90 | 490 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:20.22 | 200m: | 300m: | 400m: 5:30.90 |
| 3. Dieudonné Houtkamp | 15 ZPC Bikkel Hoogeveen | 5:34.43 | 475 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:14.74 | 200m: | 300m: | 400m: 5:34.43 |
| 4. Willeke Jonkman | 15 Dz&Pc | 5:34.57 | 474 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:19.20 | 200m: | 300m: | 400m: 5:34.57 |
| 5. Desiree Vedder | 15 HZ&PC Heerenveen | 5:43.82 | 437 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:18.21 | 200m: | 300m: | 400m: 5:43.82 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 1, Meisjes, 400m wisselslag, Jeugd

| Rang | Leef. | Tijd | Pnt |
|-------------------|---------------------|----------------|---------|
| 6. Leandra Vedder | 15 HZ&PC Heerenveen | 5:48.46 | 420 |
| 50m: | 150m: | 350m: | |
| 100m: | 200m: | 400m: | 5:48.46 |
| 7. Joline Fischer | 15 Nova | 6:10.45 | 349 |
| 50m: | 150m: | 350m: | |
| 100m: 1:26.67 | 200m: | 400m: | 6:10.45 |

Senioren

| | | | |
|---------------------|-------------------------|----------------|---------|
| 1. Mariët Koster | 28 ZPC Bikkel Hoogeveen | 5:06.30 | 618 |
| 50m: | 150m: | 350m: | |
| 100m: 1:10.32 | 200m: | 400m: | 5:06.30 |
| 2. Wendan Poelstra | 20 HZ&PC Heerenveen | 5:14.57 | 571 |
| 50m: | 150m: | 350m: | |
| 100m: 1:10.39 | 200m: | 400m: | 5:14.57 |
| 3. Jakonien Koster | 17 ZPC Bikkel Hoogeveen | 5:16.69 | 560 |
| 50m: | 150m: | 350m: | |
| 100m: 1:12.56 | 200m: | 400m: | 5:16.69 |
| 4. Jose Sijbring | 18 De Pinquin | 5:36.72 | 465 |
| 50m: | 150m: | 350m: | |
| 100m: 1:14.59 | 200m: | 400m: | 5:36.72 |
| 5. Hjordis Wagenaar | 16 HZ&PC Heerenveen | 5:40.49 | 450 |
| 50m: | 150m: | 350m: | |
| 100m: 1:19.17 | 200m: | 400m: | 5:40.49 |

Programmanr. 2
17-9-2011 - 17:05

Heren, 400m wisselslag

12 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | Tijd | Pnt |
|--------------------------|-------------------------|----------------|---------|
| Junioren | | | |
| 1. Maurice van der Ploeg | 14 De Kikker | 5:09.94 | 448 |
| 50m: | 150m: | 350m: | |
| 100m: 1:14.46 | 200m: | 400m: | 5:09.94 |
| 2. Ardi Knol | 15 ZPC Bikkel Hoogeveen | 5:11.24 | 443 |
| 50m: | 150m: | 350m: | |
| 100m: 1:12.44 | 200m: | 400m: | 5:11.24 |
| 3. Maarten Rottier | 15 TriVia | 5:11.93 | 440 |
| 50m: | 150m: | 350m: | |
| 100m: 1:07.47 | 200m: | 400m: | 5:11.93 |
| 4. Richard Kuipers | 14 Orca | 5:22.76 | 397 |
| 50m: | 150m: | 350m: | |
| 100m: 1:15.02 | 200m: | 400m: | 5:22.76 |
| 5. Gauke Eilander | 13 ZPC Bikkel Hoogeveen | 5:23.32 | 395 |
| 50m: | 150m: | 350m: | |
| 100m: 1:15.32 | 200m: | 400m: | 5:23.32 |
| 6. Jorn Steenbergen | 14 Dz&Pc | 5:33.96 | 358 |
| 50m: | 150m: | 350m: | |
| 100m: 1:19.63 | 200m: | 400m: | 5:33.96 |
| 7. Jelmer Postma | 14 Orca | 5:42.85 | 331 |
| 50m: | 150m: | 350m: | |
| 100m: 1:24.10 | 200m: | 400m: | 5:42.85 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 2, Jongens, 400m wisselslag, Junioren

| Rang | Leef. | Tijd | Pnt |
|---|-------------------------|----------------|---------------|
| 8. Wouter de Lang | 13 ZPC Bikkel Hoogeveen | 5:58.02 | 291 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:26.13 | 200m: | 300m: | 400m: 5:58.02 |
| DIS Martijn Kieffer | 14 Eemsrobben | 6:12.87 | |
| <i>SD - De bewegingen van de benen niet te allen tijde gelijktijdig in hetzelfde horizontale vlak uitgevoerd.</i> | | | |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:25.81 | 200m: | 300m: | 400m: 6:12.87 |

Jeugd

| | | | |
|------------------|-------------------------|----------------|---------------|
| 1. Ramon Fredrik | 17 Orca | 4:47.94 | 559 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:01.76 | 200m: | 300m: | 400m: 4:47.94 |
| 2. Rowan Keen | 16 ZC Borger | 4:49.20 | 552 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:08.72 | 200m: | 300m: | 400m: 4:49.20 |
| 3. Chris Bolding | 16 ZPC Bikkel Hoogeveen | 5:04.02 | 475 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:11.39 | 200m: | 300m: | 400m: 5:04.02 |
| 4. Jeroen Lorius | 16 ZPC Bikkel Hoogeveen | 5:07.35 | 460 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:07.17 | 200m: | 300m: | 400m: 5:07.35 |
| 5. Derk-Jan Knol | 16 ZPC Bikkel Hoogeveen | 5:08.37 | 455 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:12.11 | 200m: | 300m: | 400m: 5:08.37 |

Senioren

| | | | |
|---------------------|-------------------------|----------------|---------------|
| 1. Niels van Eck | 22 ZPC Bikkel Hoogeveen | 4:56.83 | 510 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:09.68 | 200m: | 300m: | 400m: 4:56.83 |
| 2. Sander Hoogeveen | 21 ZPC Bikkel Hoogeveen | 5:17.06 | 419 |
| 50m: | 150m: | 250m: | 350m: |
| 100m: 1:17.48 | 200m: | 300m: | 400m: 5:17.06 |

Programmanr. 3
17-9-2011 - 17:15

Dames, 50m vlinderslag

11 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | Tijd | Pnt |
|-------------------------|---------------------|--------------|--------|
| Junioren | | | |
| 1. Inge Willemsen | 13 Zpca | 32.85 | 408 F1 |
| 2. Amber Visser | 13 Zpca | 33.03 | 402 |
| 3. Carmen Weistra | 13 Orca | 33.27 | 393 |
| 4. Toke Camps | 13 Z.C. Haren | 33.91 | 371 |
| 5. Hinke Groos | 12 Dz&Pc | 34.13 | 364 |
| 6. Danieke van der Kooi | 11 de Granaet | 36.28 | 303 |
| 7. Nikita Mik | 12 Z.C. Haren | 37.25 | 280 |
| 8. Laura Groen | 12 Z.C. Haren | 38.73 | 249 |
| 9. Anna Harbers | 11 HZ&PC Heerenveen | 40.95 | 211 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 3, Dames, 50m vlinderslag

Jeugd

| | | | | | |
|----|------------------|----|-------------|--------------|--------|
| 1. | Renate Hemmes | 15 | Dz&Pc | 29.97 | 538 |
| 2. | Adaja Stoetman | 15 | TriVia | 31.29 | 473 |
| 3. | Marre Zandringa | 14 | Orca | 31.50 | 463 |
| 4. | Saranda Hofstra | 14 | De Kikker | 31.99 | 442 |
| 5. | Danique Scheltes | 15 | Aqua 68 | 32.89 | 407 F1 |
| 6. | Jill Muller | 15 | Dz&Pc | 33.90 | 371 |
| 7. | Marleen Buis | 15 | Z.C. Haren | 34.29 | 359 |
| 8. | Caroline Damen | 14 | De Spatters | 34.41 | 355 |

Senioren

| | | | | | |
|-----|------------------------|----|----------------------|--------------|--------|
| 1. | Monique van der Struik | 16 | Dz&Pc | 29.57 | 560 |
| 2. | Cynthia van Beusekom | 16 | TriVia | 30.90 | 491 |
| 3. | Rosanne Schoonbeek | 17 | TriVia | 30.94 | 489 |
| 4. | Paula Duursma | 18 | Dz&Pc | 31.21 | 476 |
| 5. | Floor Rüwen | 17 | de Plons | 31.23 | 475 |
| 6. | Mariëlle ter Stege | 20 | ZPC Bikkel Hoogeveen | 31.65 | 457 |
| 7. | Laura Lutjes | 21 | Bubble | 31.69 | 455 F2 |
| | Iris Visser | 16 | Zpca | 31.69 | 455 F1 |
| 9. | Karen Stolk | 17 | Z.C. Haren | 32.64 | 416 |
| 10. | Amanda Scholte | 16 | Nova | 32.80 | 410 |
| 11. | Sanne Scheltes | 17 | Aqua 68 | 32.85 | 408 F2 |
| 12. | Nenne Venema | 16 | Dz&Pc | 32.89 | 407 F3 |
| | Nanda de Vries | 19 | HZ&PC Heerenveen | 32.89 | 407 F2 |
| 14. | Marsha Beukeveld | 16 | ZPC Bikkel Hoogeveen | 33.19 | 396 |
| 15. | Inez Zewuster | 16 | Aqua 68 | 33.26 | 393 |
| 16. | Rianne Slagter | 18 | Eemsrobber | 33.33 | 391 |
| 17. | Lotte Duursma | 16 | TriVia | 33.55 | 383 |
| 18. | Iris Hartman | 16 | De Pinquin | 34.19 | 362 |
| 19. | Denise Gall | 16 | De Pinquin | 34.36 | 357 |
| BM | Chantal Nap | 22 | HZ&PC Heerenveen | 29.49 | 565 |

Programmanr. 4
17-9-2011 - 17:25

Heren, 50m vlinderslag

12 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | Tijd | Pnt | | |
|----------|----------------------|------|------------------|--------------|-----|
| Junioren | | | | | |
| 1. | Minne Koopmans | 15 | Orca | 29.32 | 411 |
| 2. | Mathijs Mulder | 14 | HZ&PC Heerenveen | 30.77 | 355 |
| 3. | Eko Doedel | 15 | Zpca | 31.36 | 335 |
| 4. | Friso van der Meulen | 13 | Aqua 68 | 31.44 | 333 |
| 5. | Niels Wiersema | 14 | Eemsrobber | 31.50 | 331 |
| 6. | Jacob de Roos | 12 | Dz&Pc | 31.56 | 329 |
| 7. | Stuart Vis | 14 | Orca | 31.70 | 325 |
| 8. | Marcel Groen | 14 | Nova | 32.50 | 301 |
| 9. | Stefan Ridderbos | 14 | Bubble | 33.11 | 285 |
| 10. | Denny Olde Agterhuis | 13 | HZ&PC Heerenveen | 33.32 | 280 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 4, Heren, 50m vlinderslag

Jeugd

| | | | | | |
|-----|----------------------|----|----------------------|--------------|-----|
| 1. | Erik Nijholt | 17 | Dz&Pc | 27.45 | 500 |
| 2. | Jens Kobesen | 16 | TriVia | 27.80 | 482 |
| 3. | Maiko Bouma | 17 | Dz&Pc | 27.81 | 481 |
| 4. | Jeroen Lorius | 16 | ZPC Bikkel Hoogeveen | 28.11 | 466 |
| 5. | Wolter v.d Veen | 16 | Z.C. Haren | 28.73 | 436 |
| 6. | Mark Schouten | 17 | Eemsrobben | 28.74 | 436 |
| 7. | Joost van den Berg | 17 | ZC Borger | 29.13 | 419 |
| 8. | Wybren Heida | 17 | ZC Borger | 29.72 | 394 |
| 9. | Pieter Ytsma | 16 | Orca | 29.86 | 389 |
| 10. | Maarten Moorman | 17 | De Pinquin | 30.23 | 375 |
| 11. | Sander Akkerman | 16 | HZ&PC Heerenveen | 30.40 | 368 |
| 12. | Ruben Bonnema | 16 | HZ&PC Heerenveen | 30.45 | 366 |
| 13. | Rick Veldman | 16 | ZPC Stadskanaal | 30.65 | 359 |
| 14. | Oebele van der Velde | 16 | Dz&Pc | 31.18 | 341 |

Senioren

| | | | | | | |
|----|-----------------|----|------------------|--------------|-----|----|
| 1. | Marc Kremer | 21 | TriVia | 25.74 | 607 | F1 |
| | Jeroen Stuut | 23 | TriVia | 25.74 | 607 | F2 |
| 3. | Bernd Kobesen | 18 | TriVia | 26.43 | 561 | |
| 4. | Michiel Punter | 27 | TriVia | 26.97 | 528 | |
| 5. | Dennis Cramer | 19 | Zpca | 27.33 | 507 | |
| 6. | Dennis Bos | 19 | HZ&PC Heerenveen | 27.43 | 501 | |
| 7. | Jelger Rietveld | 19 | TriVia | 27.62 | 491 | |
| 8. | Arjen Zijlstra | 19 | Eemsrobben | 31.13 | 343 | |

Programmanr. 5
17-9-2011 - 17:40

Dames, 100m rugslag

11 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | | Tijd | Pnt | 50m | 100m |
|----------|----------------------|----|----------------------|----------------|-----|------|
| Junioren | | | | | | |
| 1. | Hanny van Dijk | 13 | Orca | 1:09.59 | 499 | |
| 2. | Marrit Steenberg | 11 | Dz&Pc | 1:09.63 | 499 | F1 |
| 3. | Anneliene Zuidema | 13 | Orca | 1:10.65 | 477 | F1 |
| | Manon Manning | 12 | Nova | 1:10.65 | 477 | F2 |
| 5. | Simone Krans | 12 | De Kikker | 1:15.49 | 391 | |
| 6. | Myrthe Offenga | 12 | Orca | 1:15.65 | 389 | |
| 7. | Brigit Beukeveld | 13 | ZPC Bikkel Hoogeveen | 1:15.90 | 385 | |
| 8. | Daniek Platje | 13 | Eemsrobben | 1:16.14 | 381 | |
| 9. | Renée VANDERHEYDEN | 12 | TriVia | 1:16.18 | 381 | |
| 10. | Josien Wijkhuijs | 12 | Orca | 1:16.44 | 377 | |
| 11. | Anouk Zuidema | 13 | TriVia | 1:16.91 | 370 | |
| 12. | Hilde Dekker | 12 | TriVia | 1:17.80 | 357 | |
| 13. | Bernice Dijkhuis | 13 | TriVia | 1:18.47 | 348 | |
| 14. | Laura Setz | 11 | ZPC Stadskanaal | 1:19.74 | 332 | |
| 15. | Lisa Bruggenkamp | 13 | Aqua 68 | 1:19.95 | 329 | |
| 16. | Emma Bos | 12 | ZPC Stadskanaal | 1:20.45 | 323 | |
| 17. | Anne Fleur Willemsen | 12 | Zpca | 1:20.53 | 322 | |
| DIS | Sigrid Hogendorp | 12 | Orca | 1:17.25 | | |

RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 5, Dames, 100m rugslag

Jeugd

| | | | | | | |
|-----|----------------------|----|----------------------|----------------|-----|----|
| 1. | Clariss de Vries | 14 | Orca | 1:09.56 | 500 | |
| 2. | Dieudonné Houtkamp | 15 | ZPC Bikkel Hoogeveen | 1:09.63 | 499 | F2 |
| 3. | Lisanne van Avezaath | 14 | TriVia | 1:10.87 | 473 | |
| 4. | Esther Hulsing | 15 | TriVia | 1:11.37 | 463 | |
| 5. | Melissa Nauta | 15 | Orca | 1:11.92 | 452 | |
| 6. | Saranda Hofstra | 14 | De Kikker | 1:12.10 | 449 | |
| 7. | Willeke Wonder | 15 | De Spatters | 1:13.25 | 428 | |
| 8. | Rixt Menger | 15 | Orca | 1:13.44 | 425 | |
| 9. | Margreet Koster | 14 | Zpca | 1:19.28 | 338 | |
| DIS | Maaïke van Veen | 14 | ZPC Bikkel Hoogeveen | 1:07.79 | | |

RC - Rugligging verlaten tijdens de race zonder met de keerhandeling bezig te zijn.

Senioren

| | | | | | | |
|-----|------------------------|----|----------------------|----------------|-----|----|
| 1. | Mariët Koster | 28 | ZPC Bikkel Hoogeveen | 1:04.70 | 622 | |
| 2. | Monique van der Struik | 16 | Dz&Pc | 1:06.80 | 565 | F1 |
| | Sylvia Dik | 16 | TriVia | 1:06.80 | 565 | F2 |
| 4. | Annelinde Veldman | 18 | Zpca | 1:06.93 | 561 | |
| 5. | Mariëlle ter Stege | 20 | ZPC Bikkel Hoogeveen | 1:07.12 | 557 | |
| 6. | Jakonien Koster | 17 | ZPC Bikkel Hoogeveen | 1:08.10 | 533 | |
| 7. | Marsha Beukeveld | 16 | ZPC Bikkel Hoogeveen | 1:12.82 | 436 | |
| 8. | Inez Zewuster | 16 | Aqua 68 | 1:12.90 | 434 | |
| 9. | Marlies Cramer | 16 | Zpca | 1:13.32 | 427 | |
| 10. | Marije Oosterhuis | 16 | Eemsrobber | 1:15.11 | 397 | |
| 11. | Vera van der Werf | 16 | De Pinquin | 1:16.57 | 375 | |
| 12. | Heleen Arends | 17 | TriVia | 1:17.22 | 365 | |

Programmanr. 6
17-9-2011 - 17:50

Heren, 100m rugslag

12 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | | Tijd | Pnt | 50m | 100m |
|-----------------|---|----|----------------------|----------------|-----|------|
| Junioren | | | | | | |
| 1. | Jens Kuitert | 15 | Orca | 1:05.78 | 411 | |
| 2. | Maurice van der Ploeg | 14 | De Kikker | 1:06.39 | 400 | |
| 3. | Tom Jongmans | 15 | De Spatters | 1:06.97 | 390 | |
| 4. | Allard Veenstra | 14 | HZ&PC Heerenveen | 1:07.64 | 378 | |
| 5. | Friso van der Meulen | 13 | Aqua 68 | 1:08.36 | 366 | |
| 6. | Gauke Eilander | 13 | ZPC Bikkel Hoogeveen | 1:08.41 | 366 | |
| 7. | Richard Kuipers | 14 | Orca | 1:08.64 | 362 | |
| 8. | Olivier Victor van de Voort | 14 | Dz&Pc | 1:09.44 | 350 | |
| 9. | Niels Mulder | 15 | De Hardenberg | 1:11.45 | 321 | |
| 10. | Berjen Mellema | 13 | Nova | 1:12.32 | 309 | F1 |
| | Marc Blauw | 15 | ZPC Stadskanaal | 1:12.32 | 309 | F2 |
| DIS | Derk Jan Speelman | 15 | Aqua 68 | | | |
| | <i>RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel. (geen tijd noteren)</i> | | | | | |
| DIS | Jan-Arnoud Melse | 12 | Dz&Pc | | | |
| | <i>AA - Te vroeg weg of bewogen bij start. (geen tijd noteren)</i> | | | | | |

Jeugd

| | | | | | | |
|----|------------------|----|----------------------|----------------|-----|--|
| 1. | Milan Grünewald | 16 | TriVia | 1:00.62 | 526 | |
| 2. | Ramon Fredrik | 17 | Orca | 1:00.65 | 525 | |
| 3. | Levi Hilbolling | 16 | TriVia | 1:01.48 | 504 | |
| 4. | Chris Bolding | 16 | ZPC Bikkel Hoogeveen | 1:02.12 | 488 | |
| 5. | Willem Kees Roos | 17 | Orca | 1:02.65 | 476 | |
| 6. | Derk-Jan Knol | 16 | ZPC Bikkel Hoogeveen | 1:06.89 | 391 | |
| 7. | Jonathan Rozema | 16 | Dz&Pc | 1:08.71 | 361 | |
| 8. | Tim Zijlstra | 16 | Eemsrobber | 1:11.28 | 323 | |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 6, Heren, 100m rugslag

Senioren

| | | | | |
|--------------------------|----|-------------|----------------|-----|
| 1. Erik Hagting | 20 | Dz&Pc | 59.71 | 550 |
| 2. Wessel van der Maarel | 18 | TriVia | 1:03.58 | 456 |
| 3. Taco Wonder | 18 | De Spatters | 1:07.62 | 379 |

Programmanr. 7
17-9-2011 - 17:55

Dames, 50m schoolslag

11 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | | Tijd | Pnt |
|---------------------|-------|------------------|--------------|-----|
| Junioren | | | | |
| 1. Lonneke Graansma | 12 | TriVia | 39.53 | 386 |
| 2. Dagmar Veldman | 13 | Eemsrobber | 39.80 | 378 |
| 3. Lisa Bruggenkamp | 13 | Aqua 68 | 40.37 | 363 |
| 4. Emma Bos | 12 | ZPC Stadskanaal | 40.78 | 352 |
| 5. Irith Buursma | 11 | HZ&PC Heerenveen | 42.39 | 313 |

Jeugd

| | | | | |
|----------------------|----|------------------|--------------|--------|
| 1. Willeke Jonkman | 15 | Dz&Pc | 35.55 | 531 |
| 2. Cynthia Verkaik | 15 | Orca | 36.47 | 492 F1 |
| 3. Anouk Dijkstra | 14 | Eemsrobber | 37.37 | 457 |
| 4. Ilse van Rijssen | 15 | TriVia | 37.51 | 452 |
| 5. Joline Fischer | 15 | Nova | 38.02 | 434 |
| 6. Saranda Hofstra | 14 | De Kikker | 38.85 | 407 F1 |
| Inez Duursma | 14 | De Spatters | 38.85 | 407 F2 |
| 8. Leandra Vedder | 15 | HZ&PC Heerenveen | 39.43 | 389 |
| 9. Lilian Ottens | 15 | Eemsrobber | 39.74 | 380 |
| 10. Anoeska Wonder | 15 | De Spatters | 40.42 | 361 |
| 11. Danique Scheltes | 15 | Aqua 68 | 40.81 | 351 |

Senioren

| | | | | |
|--------------------|----|------------------|--------------|--------|
| 1. Floor Rüwen | 17 | de Plons | 34.55 | 579 |
| 2. Wendan Poelstra | 20 | HZ&PC Heerenveen | 35.73 | 523 |
| 3. Jacyntha Plat | 21 | TriVia | 36.47 | 492 F2 |
| 4. Paula Duursma | 18 | Dz&Pc | 36.67 | 484 |
| 5. Iris Hartman | 16 | De Pinquin | 37.48 | 453 |
| 6. Nenne Venema | 16 | Dz&Pc | 38.36 | 423 |
| DIS Sanne Scheltes | 17 | Aqua 68 | | |

AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)

Programmanr. 8
17-9-2011 - 18:00

Heren, 50m schoolslag

12 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | | Tijd | Pnt |
|--------------------------|-------|----------------------|--------------|--------|
| Junioren | | | | |
| 1. Ardi Knol | 15 | ZPC Bikkel Hoogeveen | 33.16 | 441 |
| 2. Youri Beugelsdijk | 14 | De Hardenberg | 34.34 | 397 F1 |
| 3. Maurice van der Ploeg | 14 | De Kikker | 35.18 | 369 |
| 4. Jacob de Roos | 12 | Dz&Pc | 36.02 | 344 |
| 5. Marco Wams | 15 | ZPC Bikkel Hoogeveen | 36.22 | 338 |
| 6. Carlo Ruiz | 13 | HZ&PC Heerenveen | 36.95 | 319 |
| 7. Gert Muntendam | 14 | Eemsrobber | 37.75 | 299 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 8, Jongens, 50m schoolslag, Junioren

| Rang | Leef. | Tijd | Pnt |
|------|------------------------------|--------------|-----|
| 8. | Mickey Wijchers 14 ZC Borger | 38.16 | 289 |

Jeugd

| | | | |
|----|-------------------------------|--------------|-----|
| 1. | Jens Kobesen 16 TriVia | 30.52 | 566 |
| 2. | Oebele van der Velde 16 Dz&Pc | 32.95 | 450 |
| 3. | Brenn Diephuis 16 TriVia | 33.71 | 420 |

Senioren

| | | | |
|----|--|--------------|--------|
| 1. | Niels van Eck 22 ZPC Bikkel Hoogeveen | 30.09 | 590 |
| 2. | Ward van Rijssen 19 TriVia | 31.05 | 537 |
| 3. | Sander Hoogeveen 21 ZPC Bikkel Hoogeveen | 32.84 | 454 |
| 4. | Jasper Groeneveld 30 Z.C. Haren | 34.34 | 397 F2 |

Programmanr. 9
17-9-2011 - 18:20

Dames, 100m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | Tijd | Pnt | 50m | 100m |
|-----------------|--|----------------|-----|-----|------|
| Junioren | | | | | |
| 1. | Marrit Steenberg 11 Dz&Pc | 1:02.88 | 533 | | |
| 2. | Brigit Beukeveld 13 ZPC Bikkel Hoogeveen | 1:02.92 | 532 | | |
| 3. | Marlinde Schoonbeek 13 TriVia | 1:03.66 | 514 | | |
| 4. | Hanny van Dijk 13 Orca | 1:03.75 | 512 | | |
| 5. | Marieke Tienstra 12 TriVia | 1:03.80 | 511 | | |
| 6. | Kinge Zandrings 13 Orca | 1:04.10 | 503 | | |
| 7. | Juliette Hekman 13 TriVia | 1:04.13 | 503 | | |
| 8. | Anneliene Zuidema 13 Orca | 1:04.80 | 487 | | |
| 9. | Willemein Hoving 13 TriVia | 1:05.25 | 477 | | |
| 10. | Simone Krans 12 De Kikker | 1:05.74 | 467 | | |
| 11. | Rebecca Jager 13 Nova | 1:05.81 | 465 | | |
| 12. | Tialda Prins 13 Eemsrobber | 1:05.85 | 464 | | |
| 13. | Vivianne Dortmond 13 De Pinquin | 1:05.95 | 462 | | |
| 14. | Manon Manning 12 Nova | 1:06.00 | 461 | | |
| 15. | Josien Wijkhuijs 12 Orca | 1:06.50 | 451 | | |
| 16. | Amber Visser 13 Zpca | 1:06.86 | 444 | | |
| 17. | Hinke Groos 12 Dz&Pc | 1:08.09 | 420 | | |
| 18. | Hilde Dekker 12 TriVia | 1:08.31 | 416 | | |
| 19. | Sigrid Hogendorp 12 Orca | 1:08.35 | 415 | F1 | |
| 20. | Bernice Dijkhuis 13 TriVia | 1:08.45 | 413 | | |
| 21. | Kathelijne Tijms 13 De Spatters | 1:08.46 | 413 | | |
| 22. | Renée VANDERHEYDEN 12 TriVia | 1:08.50 | 412 | F2 | |
| 23. | Toke Camps 13 Z.C. Haren | 1:08.60 | 411 | | |
| 24. | Marianne Arling 13 Bubble | 1:08.63 | 410 | | |
| 25. | Floor Gerritsma 11 TriVia | 1:08.76 | 408 | | |
| 26. | Linda Noord 13 Dz&Pc | 1:09.09 | 402 | | |
| 27. | Lonneke Graansma 12 TriVia | 1:09.36 | 397 | | |
| 28. | Inge Willemsen 13 Zpca | 1:09.39 | 397 | | |
| 29. | Carmen Weistra 13 Orca | 1:09.78 | 390 | F1 | |
| | Lisa Bruggenkamp 13 Aqua 68 | 1:09.78 | 390 | F2 | |
| 31. | Anouk Zuidema 13 TriVia | 1:10.33 | 381 | | |
| 32. | Joniek Hooghoudt 13 TriVia | 1:10.70 | 375 | | |
| 33. | Myrthe Offenga 12 Orca | 1:10.80 | 373 | | |
| 34. | Suzanne Kah 13 de Plons | 1:10.89 | 372 | | |
| 35. | Emma Arends 13 TriVia | 1:11.26 | 366 | | |
| 36. | Anne Fleur Willemsen 12 Zpca | 1:11.58 | 361 | | |
| 37. | Roos van Houten 12 ZPC Stadskanaal | 1:12.62 | 346 | | |
| 38. | Danieke van der Kooi 11 de Granaet | 1:13.45 | 334 | | |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 9, Meisjes, 100m vrije slag, Junioren

| Rang | Leef. | | Tijd | Pnt | 50m | 100m |
|------|--------------|----|------------------|----------------|-----|------|
| 39. | Nikita Mik | 12 | Z.C. Haren | 1:15.03 | 314 | |
| 40. | Anna Harbers | 11 | HZ&PC Heerenveen | 1:16.32 | 298 | |
| 41. | Laura Groen | 12 | Z.C. Haren | 1:17.23 | 288 | |

Jeugd

| | | | | | | |
|-----|----------------------|----|----------------------|----------------|-----|--|
| 1. | Renate Hemmes | 15 | Dz&Pc | 1:00.65 | 594 | |
| 2. | Marre Zandringa | 14 | Orca | 1:00.91 | 587 | |
| 3. | Lisanne van Avezaath | 14 | TriVia | 1:02.19 | 551 | |
| 4. | Maaïke van Veen | 14 | ZPC Bikkel Hoogeveen | 1:02.83 | 535 | |
| 5. | Adaja Stoetman | 15 | TriVia | 1:03.11 | 528 | |
| 6. | Dieudonnée Houtkamp | 15 | ZPC Bikkel Hoogeveen | 1:03.48 | 518 | |
| 7. | Kristel Hormann | 15 | De Spatters | 1:03.66 | 514 | |
| 8. | Esther Hulsing | 15 | TriVia | 1:03.79 | 511 | |
| 9. | Saranda Hofstra | 14 | De Kikker | 1:05.15 | 479 | |
| 10. | Rixt Menger | 15 | Orca | 1:05.26 | 477 | |
| 11. | Desiree Vedder | 15 | HZ&PC Heerenveen | 1:05.68 | 468 | |
| 12. | Willeke Wonder | 15 | De Spatters | 1:06.02 | 461 | |
| 13. | Caroline Damen | 14 | De Spatters | 1:06.38 | 453 | |
| 14. | Danique Scheltes | 15 | Aqua 68 | 1:06.52 | 450 | |
| 15. | Ilse van Rijssen | 15 | TriVia | 1:06.76 | 446 | |
| 16. | Lisanne Hassing | 14 | de Forel | 1:07.11 | 439 | |
| 17. | Anouk Dijkstra | 14 | Eemsrobber | 1:07.47 | 432 | |
| 18. | Inez Duursma | 14 | De Spatters | 1:07.91 | 423 | |
| 19. | Melissa Nauta | 15 | Orca | 1:08.11 | 420 | |
| 20. | Rebecca Jansen | 14 | Orca | 1:08.85 | 406 | |
| 21. | Jill Muller | 15 | Dz&Pc | 1:09.26 | 399 | |
| 22. | Margreet Koster | 14 | Zpca | 1:11.74 | 359 | |
| 23. | Anoeska Wonder | 15 | De Spatters | 1:12.55 | 347 | |

Senioren

| | | | | | | |
|-----|----------------------|----|----------------------|----------------|-----|----|
| 1. | Annelinde Veldman | 18 | Zpca | 58.95 | 647 | |
| 2. | Rosanne Schoonbeek | 17 | TriVia | 1:00.36 | 603 | |
| 3. | Anouk Frieman | 16 | TriVia | 1:00.61 | 596 | |
| 4. | Mariët Koster | 28 | ZPC Bikkel Hoogeveen | 1:00.86 | 588 | |
| 5. | Mariëlle ter Stege | 20 | ZPC Bikkel Hoogeveen | 1:01.27 | 577 | |
| 6. | Jose Sijbring | 18 | De Pinquin | 1:01.81 | 562 | |
| 7. | Jakonien Koster | 17 | ZPC Bikkel Hoogeveen | 1:01.92 | 559 | |
| 8. | Jacyntha Plat | 21 | TriVia | 1:03.27 | 524 | |
| 9. | Cynthia van Beusekom | 16 | TriVia | 1:03.45 | 519 | |
| 10. | Hjordis Wagenaar | 16 | HZ&PC Heerenveen | 1:03.51 | 518 | |
| 11. | Marsha Beukeveld | 16 | ZPC Bikkel Hoogeveen | 1:03.79 | 511 | |
| 12. | Nanda de Vries | 19 | HZ&PC Heerenveen | 1:05.03 | 482 | |
| 13. | Inez Zewuster | 16 | Aqua 68 | 1:05.27 | 477 | |
| 14. | Rianne Slagter | 18 | Eemsrobber | 1:05.47 | 472 | |
| 15. | Iris Visser | 16 | Zpca | 1:06.04 | 460 | |
| 16. | Nenne Venema | 16 | Dz&Pc | 1:07.23 | 436 | |
| 17. | Laura Lutjes | 21 | Bubble | 1:07.54 | 430 | |
| 18. | Marlies Cramer | 16 | Zpca | 1:07.55 | 430 | |
| 19. | Loes Wielink | 17 | TriVia | 1:07.64 | 428 | |
| 20. | Janine de Groot | 16 | ZC Borger | 1:07.70 | 427 | |
| 21. | Amanda Scholte | 16 | Nova | 1:07.87 | 424 | |
| 22. | Heleen Arends | 17 | TriVia | 1:08.14 | 419 | |
| 23. | Ilse Feiken | 16 | De Hardenberg | 1:08.35 | 415 | F2 |
| 24. | Sanne Scheltes | 17 | Aqua 68 | 1:08.50 | 412 | F1 |
| 25. | Marije Oosterhuis | 16 | Eemsrobber | 1:09.33 | 398 | |
| 26. | Denise Gall | 16 | De Pinquin | 1:09.95 | 387 | |
| 27. | Vera van der Werf | 16 | De Pinquin | 1:11.85 | 357 | |
| 28. | Karen Stolk | 17 | Z.C. Haren | 1:13.73 | 331 | |
| DIS | Lotte Duursma | 16 | TriVia | | | |

AA - Te vroeg weg of bewogen bij start. (geen tijd noteren)

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 9, Dames, 100m vrije slag

BM Chantal Nap 22 HZ&PC Heerenveen 1:02.38 546

Programmanr. 10
17-9-2011 - 18:40

Heren, 100m vrije slag

12 jaar en ouder
Resultaten

Punten: FINA 2010

| Rang | Leef. | | Tijd | Pnt | 50m | 100m |
|-----------------|---|----|----------------------|----------------|-----|------|
| Junioren | | | | | | |
| 1. | Maurice van der Ploeg | 14 | De Kikker | 58.36 | 456 | |
| 2. | Minne Koopmans | 15 | Orca | 58.45 | 454 | |
| 3. | Stuart Vis | 14 | Orca | 58.74 | 447 | |
| 4. | Ardi Knol | 15 | ZPC Bikkel Hoogeveen | 59.80 | 424 | |
| 5. | Derk Jan Speelman | 15 | Aqua 68 | 1:00.20 | 416 | |
| 6. | Allard Veenstra | 14 | HZ&PC Heerenveen | 1:00.46 | 410 | |
| 7. | Friso van der Meulen | 13 | Aqua 68 | 1:00.54 | 409 | |
| 8. | Jens Kuitert | 15 | Orca | 1:00.57 | 408 | |
| 9. | Niels Mulder | 15 | De Hardenberg | 1:01.03 | 399 | |
| 10. | Eko Doedel | 15 | Zpca | 1:01.23 | 395 | |
| 11. | Mickey Wijchers | 14 | ZC Borger | 1:01.29 | 394 | |
| 12. | Berjen Mellema | 13 | Nova | 1:01.33 | 393 | |
| 13. | Niels Wiersema | 14 | Eemsrobber | 1:01.50 | 390 | |
| 14. | Jelmer Postma | 14 | Orca | 1:02.00 | 380 | |
| 15. | Mathijs Mulder | 14 | HZ&PC Heerenveen | 1:02.02 | 380 | |
| 16. | Marc Blauw | 15 | ZPC Stadskanaal | 1:02.42 | 373 | |
| 17. | Olivier Victor van de Voort | 14 | Dz&Pc | 1:02.93 | 364 | |
| 18. | Gauke Eilander | 13 | ZPC Bikkel Hoogeveen | 1:03.02 | 362 | |
| 19. | Youri Beugelsdijk | 14 | De Hardenberg | 1:03.11 | 361 | |
| 20. | Kevin Rozema | 14 | Dz&Pc | 1:03.14 | 360 | |
| 21. | Marco Wams | 15 | ZPC Bikkel Hoogeveen | 1:03.40 | 356 | |
| 22. | Thomas Kappe | 13 | ZPC Bikkel Hoogeveen | 1:03.46 | 355 | |
| 23. | Stijn Buurman | 14 | Nova | 1:03.60 | 352 | |
| 24. | Jorn Steenbergen | 14 | Dz&Pc | 1:03.95 | 347 | |
| 25. | Stefan Ridderbos | 14 | Bubble | 1:04.79 | 333 | |
| 26. | Jacob de Roos | 12 | Dz&Pc | 1:04.88 | 332 | |
| 27. | Marcel Groen | 14 | Nova | 1:05.52 | 322 | |
| 28. | Denny Olde Agterhuis | 13 | HZ&PC Heerenveen | 1:05.89 | 317 | |
| 29. | Jan-Arnoud Melse | 12 | Dz&Pc | 1:06.63 | 306 | |
| 30. | Gert Muntendam | 14 | Eemsrobber | 1:08.26 | 285 | |
| 31. | Carlo Ruiz | 13 | HZ&PC Heerenveen | 1:08.29 | 284 | |
| 32. | Quintin Stoetman | 13 | TriVia | 1:12.92 | 234 | |
| DIS | Tom Jongmans | 15 | De Spatters | | | |
| | <i>AA - Te vroeg weg of bewogen bij start.(geen tijd noteren)</i> | | | | | |

Jeugd

| | | | | | |
|-----|--------------------|----|----------------------|--------------|-----|
| 1. | Erik Nijholt | 17 | Dz&Pc | 55.00 | 545 |
| 2. | Jens Kobesen | 16 | TriVia | 55.30 | 536 |
| 3. | Ramon Fredrik | 17 | Orca | 55.48 | 531 |
| 4. | Willem Kees Roos | 17 | Orca | 56.04 | 515 |
| 5. | Maiko Bouma | 17 | Dz&Pc | 56.17 | 512 |
| 6. | Milan Grünewald | 16 | TriVia | 56.20 | 511 |
| 7. | Levi Hilbolling | 16 | TriVia | 56.55 | 501 |
| 8. | Pieter Ytsma | 16 | Orca | 56.87 | 493 |
| 9. | Ruben Bonnema | 16 | HZ&PC Heerenveen | 57.77 | 470 |
| 10. | Derk-Jan Knol | 16 | ZPC Bikkel Hoogeveen | 58.07 | 463 |
| 11. | Jonathan Rozema | 16 | Dz&Pc | 58.33 | 457 |
| 12. | Joost van den Berg | 17 | ZC Borger | 58.57 | 451 |
| 13. | Chris Bolding | 16 | ZPC Bikkel Hoogeveen | 58.65 | 449 |
| 14. | Mark Schouten | 17 | Eemsrobber | 58.67 | 449 |
| 15. | Maarten Moorman | 17 | De Pinquin | 59.46 | 431 |
| 16. | Jeroen Lorus | 16 | ZPC Bikkel Hoogeveen | 59.53 | 430 |

Fintan deel 1
Heerenveen, 17-9-2011

Programmanr. 10, Jongens, 100m vrije slag, Jeugd

| Rang | Leef. | | Tijd | Pnt | 50m | 100m |
|------|-------|------------------|----------------|-----|-----|------|
| 17. | 16 | Z.C. Haren | 59.85 | 423 | | |
| 18. | 16 | ZPC Stadskanaal | 59.96 | 421 | | |
| 19. | 17 | TriVia | 1:00.12 | 417 | | |
| 20. | 16 | De Spatters | 1:00.32 | 413 | | |
| 21. | 16 | HZ&PC Heerenveen | 1:01.07 | 398 | | |
| 22. | 16 | Z.C. Haren | 1:01.26 | 394 | | |
| 23. | 17 | ZC Borger | 1:01.37 | 392 | | |
| 24. | 16 | TriVia | 1:02.13 | 378 | | |
| 25. | 16 | Eemsrobber | 1:02.91 | 364 | | |

Senioren

| | | | | | | |
|-----|----|----------------------|----------------|-----|--|--|
| 1. | 23 | TriVia | 51.76 | 654 | | |
| 2. | 22 | ZPC Bikkel Hoogeveen | 52.36 | 632 | | |
| 3. | 27 | TriVia | 54.65 | 556 | | |
| 4. | 18 | TriVia | 54.67 | 555 | | |
| 5. | 20 | Dz&Pc | 55.41 | 533 | | |
| 6. | 19 | TriVia | 56.08 | 514 | | |
| 7. | 18 | TriVia | 56.32 | 508 | | |
| 8. | 19 | TriVia | 56.86 | 493 | | |
| 9. | 18 | De Spatters | 56.91 | 492 | | |
| 10. | 19 | Zpca | 57.30 | 482 | | |
| 11. | 19 | HZ&PC Heerenveen | 59.53 | 430 | | |
| 12. | 21 | ZPC Bikkel Hoogeveen | 59.73 | 425 | | |
| 13. | 19 | Eemsrobber | 1:01.00 | 399 | | |
| 14. | 30 | Z.C. Haren | 1:01.79 | 384 | | |